People in educational circles believe that humanism has an incomparable role and status in education and its ideology has a certain positive effect both in past education and in contemporary education. Moreover, the core of people-oriented thinking in humanism can be integrated with the quality education thought advocated by contemporary China. Therefore, in this context, the paper analyzes English education should focus on the integration of humanism. Firstly, the paper gives a brief overview of the meaning of humanism, and then summarizes the role of humanism in the full integration of English education. Finally, it analyzes in detail how to effectively integrate humanism into English education. The purpose of this study is mainly to improve the current level of English education, and to train comprehensive quality talents for the country.

2. The Connotation of Humanism

Humanism is an idea formed during the Renaissance movement that emerged in the fourteenth century, and humanism is the main core idea of progressive literature in the Renaissance. The core of humanistic thinking emphasizes people-oriented, which is more inclined to the development of human nature, focusing on the maintenance of human beings, thoughts and dignity. Humanism opposes clan discrimination, violence, and the authority of feudal gods, with a focus on tolerance for humanity. And it advocates the mutual equality of human beings, the freedom of the human body and the realization of human self-worth. It is more eager to liberate human beings from the shackles of God's thought leadership. Humanism is a kind of ideology, world view and even an ideological weapon. It is also the central idea in the progressive literature of the Renaissance. The humanity liberation advocated by humanism, the pursuit of real life happiness:
the pursuit of freedom and equality, against the concept of hierarchy: advocating rationality, against obscurity.\cite{1} As a turning point in historical thought, humanism is a philosophical theory and a worldview. For humanism, mutual tolerance, non-violence and ideological freedom between people are the most important principles in getting along with each other. Often, today's historical researchers refer to the cultural and social changes of the humanities in the Renaissance and the cultural education of this period as humanism. Therefore, from ancient times to the present, humanism has a practical status unmatched by other ideas in education, and humanistic ideological and theoretical re-education has a certain positive effect on the formation of students' humanistic thinking and the perception of worldview.

3. English Education Should Pay Attention to the Role of Humanism

3.1 Helping Students Improve Their Ability to Learn Independently

At present, in the English knowledge learning, due to the updating of the knowledge system and the increasing difficulty of English learning content, more and more students' imagination and their logical thinking ability have been significantly improved, but the students' humanistic thinking is too weak.\cite{2} Moreover, most students lack the ability to learn English independently, so that students do not show interest in this course in the English class. Especially in the humanism aspect of the English course, the mastery and collection of humanism cannot be effectively mastered. Once in the English study, the history, people, society, and politics of the Western countries are involved, and students are unable to master them well. Therefore, in the current English education, humanistic ideas are fully integrated, and students are continuously guided to learn, so as to effectively improve students' self-learning ability and practical ability. In addition, in the current English teaching, most students have poor English expression ability for the study of English subjects. Therefore, it also caused certain learning problems for students, and the current students did not have good self-learning ability in learning English language. Therefore, teachers' full integration of humanism into English education has a certain positive effect on improving students' self-learning ability.

3.2 Promoting All-round Comprehensive Development of Students

With the continuous development of the current society and the continuous development of the economy, people's demand for talents is not limited to the mastery of professional knowledge. On the contrary, it pays more attention to the comprehensive quality of talents' behavior exchange and ideas.\cite{3} Therefore, the school can not only impart professional knowledge to students when training talents. On this basis, it is necessary to focus on the education of students' comprehensive ability. However, the use of humanism in English education is more conducive to teachers' education of students. Humanistic thinking guides teachers to look at students with a developmental perspective. When teaching English to students and teaching skills, they must learn to be good at discovering students' strengths and be good at exploring the true potential of students. Effectively cultivating students' comprehensive quality ability enables students to get comprehensive progress in different aspects, and then be able to adapt to the current fierce competition in society. For modern universities and colleges, the integration of humanism in English education can help universities and colleges to open other subjects related to English, and thus can comprehensively promote the all-round comprehensive development of students, which will greatly promote students' work and study in the future.

3.3 Establishing a Good Teacher-Student Relationship

The scientific integration of humanism in English teaching can promote a good teacher-student relationship between students and teachers. The most important foundation for a good relationship between teachers and students is that teachers and students must understand each other and respect each other and also require teachers to treat different students with equal eyes. It is also an important foundation for establishing a good relationship between teachers and students. In addition, the full integration of humanism in English teaching helps teachers to use equal vision and positive attitude to face students, respect the main body of students, and respect the healthy growth of different students. But when humanism is integrated into English teaching, teachers must constantly strengthen their interaction with students. Teachers can maximize the active classroom, which can create a good learning and living environment for students, help to close the relationship between students and teachers, and have a positive effect on establishing a good teacher-student relationship. The integration of science into humanism in English teaching can promote the establishment of a good teacher-student relationship between students and teachers, and can greatly guarantee the quality and quantity of teachers to complete the English classroom teaching objectives.
3.4 Highlighting the Subjective Position of Students in the Classroom

The integration of humanism into humanism in English education is more helpful in highlighting the subjective position of students in the classroom. Under the background of the current requirements of quality education in China, all schools will emphasize the modern teaching mode of students as the subject of classroom learning. However, the theory of humanism emphasizes the concern and attention to people, and focuses more on the development of human character. It is the liberation of human personality. The principle it advocates is also the mutual tolerance, non-violence and ideological freedom between people as a person to get along with each other. Therefore, in the integration of humanistic thinking in English education, teachers should pay more attention to the cultivation of students’ comprehensive ability and quality, as well as the humanistic care for students, and can establish a harmonious relationship between teachers and students. At the same time, it can highlight the main position of students in the classroom, and then actively cultivate students’ interest in learning and fully stimulate students’ inner potential. Therefore, the integration of humanism in humanity education in humanity education has important and profound value in highlighting the subjective status of students’ learning in daily English teaching activities.

4. The Strategy of Integrating Humanism into English Education

4.1 Focusing on Students and Embodying Humanistic Care

The integration of humanism in English education should focus on students as the main body, so that students can express different ideas and fully reflect humanistic care. First of all, teachers should face the whole when they are educating students in English. Do not engage in individual education, and strengthen the cultivation of students’ interest in English learning. At the same time, students’ self-efficacy should be improved effectively, and students’ oral English expression ability should be improved comprehensively. On this basis, students’ innovative consciousness and humanistic thinking should be improved. Secondly, teachers should fully consider the different situations of students in the setting of English teaching objectives, the development of English learning resources and the reflection of teaching, as well as the status of students learning English. Maximize the different needs of different students for English learning, actively expand the students’ horizons, focus on cultivating students’ thinking divergence to understand, and comprehensively promote students’ mentality to mature. Finally, teachers should take students as the main body and actively innovate teaching methods when teaching English courses. Teachers should create a relaxed and good learning atmosphere in the classroom. For example, teachers can use the task-based teaching mode when teaching English. Under the active guidance of teachers, students can teach students through various means such as practical participation. Actively develop different English teaching resources, actively design content for students to meet the actual situation of different students, and encourage students to independently develop and independently design different forms of English learning.

4.2 Establishing a Student Evaluation System for Humanistic Quality

When conducting English education, teachers should integrate the assessment of students into English teaching activities. In the formulation of the student evaluation criteria, we must be diversified and diversified, and we must end up in the evaluation of students’ oral English, listening and written tests. Secondly, it is necessary to fully combine the performance of students in the classroom and the learning status outside the classroom. In addition, teachers must also make certain evaluations of themselves. The evaluation of teachers includes expert evaluation, evaluation of education managers, and evaluation of students by teachers. When evaluating teachers, no matter which kind of evaluator, they must strictly implement the theoretical spirit of humanistic thinking when conducting evaluation activities. In turn, the commented teacher can be the subject of the comment activity and the participants in the evaluation activity, thereby fully mobilizing the enthusiasm of the teacher to participate in the comment activity. However, when dealing with the results of the evaluation, it is necessary to have sufficient respect for the teacher’s personality, and not to classify or even identify the evaluation results. Instead, we must give full play to the corrective and feedback functions of the evaluation activities; so that teachers can accurately identify their own strengths and weaknesses, so that teachers can purposefully improve their own shortcomings. Only through double-sided evaluation of teachers and students can we effectively promote the comprehensive development of students.

4.3 Carrying out the Communicative Teaching Method and Giving Full Play to the Advantages of Humanistic Thinking

The characteristics of the English class itself determine that it has humanity to a certain extent. However, the full use of communicative teaching method in English teach-
ing can not only help the students' English ability, but also give full play to the advantages of humanistic thinking, so that the communicative teaching method can bring humanistic ideological education into the hearts of the people in the English classroom. The application of communicative teaching method to the English classroom can not only cultivate the students' learning organization, but also enhance the team's awareness of the students by virtue of the teaching characteristics of their own division of labor. To some extent, it is conducive to the improvement of students' comprehensive quality. The essence of communicative teaching method is to take students as the main body. This kind of teaching method fully reflects the humanistic spirit. Using communicative approach in an English class can enable students to fully express their true ideas; However, teachers play an auxiliary and guiding role in this session; At the same time, teachers can also discuss English-related knowledge with students, and can guide students at any time while discussing and communicating with students, and give students appropriate reference. In order to give full play to the role of humanistic thinking in English teaching, the development of communicative teaching method is conducive to students' observation of society and everyone in communication. Students can not only learn English related knowledge, but also understand the skills of getting along with each other, and effectively cultivate the humanistic spirit of students.

4.4 Refining the Teaching Content and Formulating Practical Teaching Objectives

In English teaching, it is necessary to refine the teaching content, formulate the teaching objectives in line with the actual, and then effectively play the role and value of humanism in English. Therefore, when formulating teaching content, it is necessary not only to formulate the learning content of English grammar and listening ability, but also to pay attention to the cultivation of students' humanistic spirit. In order to comprehensively improve students' comprehensive ability in listening, speaking, reading and writing in English. In addition, in the development of English teaching objectives, we must fully integrate the students' real situation and current learning progress, and set learning objectives according to the learning level of different students, so as to ensure that English education can have its own flexibility. Refine the content of English teaching, and then formulate scientific and reasonable teaching objectives, fully demonstrating the value of humanistic thinking in English education.

5. Conclusion

Through the discussion of this article, the core content of humanistic thinking is people-oriented, and the human personality liberation advocated by humanistic ideas. And with the continuous reform of China's educational undertakings, it is an inevitable trend to integrate humanistic ideas into educational work. Integrating humanistic ideas into English teaching can help students improve their independent learning ability, promote students' all-round comprehensive development, establish a good teacher-student relationship, and highlight the students' dominant position in the classroom. Only students who are mainly students, embody humanistic care, establish a humanistic quality evaluation system, and develop a communicative teaching method. Giving full play to the advantages of humanistic thinking, refining the content of teaching, and formulating realistic teaching objectives can fully reflect the value of humanism. In this way, the country can cultivate English talents with strong professional knowledge and high comprehensive quality, and the country can achieve sustainable development.

References